



Get your groove on in support of the community and The Scarborough Hospital

SCARBOROUGH (September 4, 2012) – Dance like nobody’s watching at a Flash Dance taking place somewhere in Scarborough on September 21. The Scarborough Hospital Foundation is hosting the event to kick-off *Workout to Give Back to Scarborough*, a 10-day, city-wide fitness challenge that was created to promote health, engage our diverse community and raise funds for The Scarborough Hospital.

The Foundation is reaching out to staff, physicians and the community to encourage residents of all ages to participate in this unique event, which will run until September 30. *Workout to Give back to Scarborough*, which is sponsored by the Scarborough Town Centre, CTV Toronto, G98.7 FM, Roadsport Honda and three local No Frills’ stores (Michael’s, Nick’s and Dave’s), will launch with a kick-off featuring music and giveaways, among other events, and of course, the Flash Dance.

But, shhhh, it’s a secret! Check out www.tsh.to or call Indira Tarachandra, Marketing and Public Relations Officer, to learn how you can participate. You can also follow us on Twitter @TSHFoundation. Use the hashtags #Workout2Give and #secretflashdance for more details.

“Healthcare affects everyone, and this event is an opportunity to stand, or dance, together as a community in support of a shared purpose,” says Michael Mazza, president and CEO of The Scarborough Hospital Foundation. “It’s also a great way to try something new, start a fitness routine and support healthcare in Scarborough.”

-30-

Situated in the most diverse community in Canada, The Scarborough Hospital (TSH) delivers innovative, high-quality patient care at two hospital campuses and six satellite sites. The Scarborough Hospital is a regional centre for dialysis and is renowned for its sexual assault care centre and mental health programs. Affiliated with the University of Toronto, TSH is also a referral centre for vascular surgery, pacemakers and cataract surgery.

For more information, please contact:

Krista Luxton
Communications Officer
The Scarborough Hospital
(416) 438-2911 ext. 8090
kluxton@tsh.to